

The Young at Heart Adult Social Club

The purpose of the St. Helena's Adult Social Club is to strengthen the sense of community among the adult members of the parish as well as aiding in spiritual, cultural and social growth. Our group is under the umbrella of the Parish Life Committee which includes the Carnival and Christmas Bazaar.

We hold our General Meetings on the third Monday of each month to discuss upcoming events within the parish and how we can better serve the needs of the members and those of the parish. Our meetings always include tasty refreshments. We have outside speakers/experts from various fields to come and discuss topics that our members might be interested in. Some of these topics include Estate Planning, Health, Nutrition and Exercise. All of these meetings are always open to our parishioners, non-parishioners and community members. During Lent we try to have a special guest speaker who will talk about subjects related to the Lenten Season. Some programs include entertainment, game night as well as local artists. Some of our events that should not be missed are Bingo, Horse Racing Game and our Annual Covered Dish Dinner.

The Young at Heart Social Club has also started two additional groups: Our Craft Group and our Prayer Shawl Ministry Group. An active group of us meet every Monday, except the third Monday General Meeting, to make crafts that are to be sold at the Church's Annual Christmas Bazaar and our Semi-Annual Bake and Craft Sales that are held in the vestibule of the Church. The Craft Group also puts together the beautiful baskets that are raffled off at the Church's Carnival every Spring.

All fund raisers are done to benefit the Church both financially and socially.

Our Prayer Shawl Ministry Group combines compassion and a love of knitting or crocheting into an outreach program for those who are sick and in need of comfort. Those meetings are held on Wednesday nights during which we pray the Chaplet of Divine Mercy and work on the shawls or make rosaries. The prayer shawls and rosaries are all blessed by Fr. Stanley Russell and personally delivered by the members of the Prayer Shawl Ministry Group to those in need.

We are blessed to have such a wonderful group of men and women and are actively seeking new members of **any age**. Please come to our next monthly meeting to learn more about our organization. If you are interested but may be in need of a ride, please contact one of our officers who can try to make arrangements to have you picked up.

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